Community Resources:

Child Guidance Center of Southern Connecticut: Emergency Crisis Hotline 203-323-9797 or 888-825-6777

Darien

- ➤ General information including links to events and services: www.darienct.gov
- ➤ Child Guidance Center of Southern CT: an outpatient mental health center. www.childguidancect.org 203-662-9380
- ➤ Darien YWCA: Offers a number of programs for parents and kids, including parenting skills courses and toddler time among others.

 www.ywca.org/site/pp.asp?c=kuI1LcMNJrE&b=1995333
- Darien YMCA: Offers programs for families promoting healthy living. www.darienymca.org 203-655-8228
- ➤ Darien Youth Commission: Organizes programs for kids during vacations, summer and throughout the year. www.darienct.go/parkrec 203-656-7326
- ➤ Public Schools
 - Hindley School
 - Holmes School
 - Ox Ridge School
 - Royle School
 - Tokeneke School
 - Middlesex Middle School
 - Darien High School
- > Private Schools
 - Pear Tree Point School

Hospitals

- ➤ Greenwich 863-3000 5 Perryridge Road
- Norwalk 852-2000 34 Maple Street
- > Stamford 325-7000 Shelburne Road

Nursery Schools

- First Congregational Church, 655-3150 14 Brookside Road
- ➤ Methodist Family Center, 655-7407 345 Middlesex Road
- Noroton Presbyterian Church, 655-3223 2011 Post Road
- Our Gang Nursery School, 655-3810 26 East Lane
- > St. John's RC Church, 656-0548 1986 Post Road
- > St. Luke's Episcopal Church, 655-4067 1882 Post Road
- ➤ St. Thomas More Church, 655-6053 374 Middlesex
- > YMCA, 655-8228 2420 Post Road

Greenwich

- Public Schools: www.greenwichschools.org
 - Elementary
 - Cos Cob
 - Glenville
 - Hamilton

- The International School at Dundee
- Julian Curtiss
- New Lebanon
- North Mianus
- North Street
- Old Greenwich
- Parkway
- Riverside
- Middle School
 - Central Middle
 - Eastern Middle
 - Western Middle
- High School
 - Greenwich High School
- > Private Schools:
 - Brunswick School
 - Convent of the Sacred Heart
 - Eagle Hill
 - Greenwich Academy
 - Greenwich Catholic School
 - Greenwich Country Day
 - Stanwich School
 - Westchester Fairfield
 - Hebrew Academy
 - Whitby School

Norwalk

- ➤ Norwalk Hospital: Kids Healthy Weight Program: fighting and preventing obesity. 203-852-2906.
- ➤ Public Schools: www.norwalkpublicschools.org
 - o Elementary
 - Brookside
 - Columbus
 - Cranbury
 - Fox Run
 - Jefferson
 - Kendall
 - Marvin
 - Naramake
 - Rowayton
 - Silvermine
 - Tracey
 - Wolfpit
 - o Middle School
 - Nathan Hale
 - Ponus

- Roton
- West Rocks
- High School
 - Brien McMahon
 - Briggs
 - Norwalk

Stamford

- ➤ Kids FAN: a fitness and nutrition program promoting healthy eating, activity and weight in children. For more information email kidsfan@stamhealth.org
- > Stamford Hospital: www.stamfordhospital.org
- ➤ Stamford JCC: offers programs and classes for the Jewish community and the community at large. www.stamfordjcc.org 203-322-7900
- Family Fit 4 Life: fitness for kids, includes many different kinds of fun classes. 203-355-9395.
- ➤ Public Schools:
 - o Elementary:
 - Davenport Ridge: 1300 Newfield Avenue, (203) 977-4291.
 www.davenportridge.org
 - Hart Magnet: 61 Adams Avenue, (203) 977-5082.
 www.hartschool.org
 - K.T. Murphy: 19 Horton Street, (203) 977-4516 www.ktmurphy.org
 - Newfield: 345 Pepper Ridge Road, (203) 977-4282 www.newfieldschool.org
 - Northeast: 82 Scofieldtown Road, (203) 977-4469 www.northeastelementary.org
 - International School at Rogers Magnet: 82 Lockwood Avenue (203) 977-4560, www.rogersmagnetschool.org
 - Roxbury: 751 West Hill Road: (203) 977-4287 www.roxburyschool.org
 - Springdale: 1127 Hope Street, (203) 977-4575 www.springdaleCT.com
 - Julia A. Stark: 398 Glenbrook Road, (203) 977-4583 www.starkschool.org
 - Stillmeadow: 800 Stillwater Road, (203) 977-4507 www.stillmeadowct.org
 - Toquam Magnet: 123 Ridgewood Avenue, (203) 977-4556 www.toquamschool.org
 - Westover Magnet: 412 Stillwater Avenue, (203) 977-4572 www.westovermagnet.org
 - o Middle School
 - Cloonan: 11 West North Street, (203) 977-4544, www.CloonanMS.org
 - Dolan: 31 Toms Road, (203) 977-4441, www.DolanMS.org

- Scofield Magnet Middle: 641 Scofieldtown Road, (203) 977-2750, www.magnetmiddle.org
- Rippowam: 381 High Ridge Road, (203) 977-5255, www.rippowammiddle.org
- Turn of River: 117 Vine Road, (203) 977-4284 <u>www.toronline.org</u>
- o High School
 - Stamford High: 55 Strawberry Hill Ave, (203) 977-4227, www.stamfordhigh.org
 - Westhill High: 125 Roxbury Road, (203) 977-4838, www.westhillweb.com
 - Academy of Information Technology and Engineering:
 411 High Ridge Rd, (203) 977-4336, www.aitestamford.org

After Hours Urgent Care

- ➤ Tully Health Center: Immediate Care Center for after hours care of minor illness, M-F 8 a.m. 8 p.m., Sat, Sun and holidays 8 a.m. 6 p.m. www.stamfordhospital.org/Services/immediateCare.aspx 203-276-2222.
- ➤ Firefly Pediatrics: an after hours urgent care center staffed by board certified pediatricians. M F 5 p.m. 11 p.m., Sat, Sun and holidays 1 p.m. 11 p.m. www.fireflypediatrics.com 203-968-1900

Support Groups

- Family Centers: a nonprofit organization offering services to families in lower Fairfield County. Services include support groups for children who have lost a parent (Den for Grieving Kids), the Center for Hope, help for families going through high-conflict divorce, and many others. www.familycenters.org 203-869-4848
- Greenwich Hospital: Many available support groups and programs, including a support group for people with food allergies and multiple parenting classes. www.greenhosp.org/programs.asp

Connecticut Special Needs

- ➤ Abilis: provides services and support for families of children with special needs. <u>www.abilis.com</u>
- Autism Spectrum Resource Center: a website with many links to programs and groups that coordinate and provide therapy for children on the autism spectrum in CT. www.ct-asrc.org